

EMMANUEL CHURCH OF GOD IN CHRIST WOMEN'S DEPARTMENT



THE RISE 'N' TIMES



Greetings beautiful women of Emmanuel and Happy 2023! It has been such an honor to serve you this past year and I am very grateful for your support and assistance. Thank you for the opportunity to be your servant leader.

As I look back over 2022, my heart is full of joy and gladness. Didn't we have an eventful 2022?! Our focus for 2022 was on building our church family and it was so refreshing to bring the women together through various events as we built connections and fortified our new church family. We had a good time in the Lord, didn't we?! We kicked off the year with our Paint & Sip, then we had a powerful women's day with our Jurisdictional Supervisor, Mother Barbara Bryant and we beat the heat together at the park for our PoWER Walk. 2022 was such a blessing!

Our theme for 2023 is "Mining Your Business". You may be wondering what "mining your business" means?

Message from First Lady Natoya

Well, I can't explain this concept without bringing to your attention the mastery of underground mining (e.g., mining for gold or coal). Underground mining generally involves extracting something of value from below the surface of the earth. Mining is focused and purposeful in order to bring forth relevant and useful items not only for the benefit of those extracting it but for others. And if we apply that concept to our walk with Christ, we should find ourselves digging deep and discovering things of enriched value about ourselves that have significance to who we are as women and to what God needs us to be for the body of Christ.

I am challenging every woman to dig deep in 2023 and focus on (1) your spiritual development and growth in Christ and (2) on your personal well-being. In other words, let's pray, fast, read our word more and yield to God's will for our lives. And, (3) let's carve out time for our mental and physical health while also (4) getting our business affairs in order. Every planned activity in 2023 is designed with this in mind. Get ready, get ready, get ready....

Upcoming 2023 Events

- March 4, 18 & 25th-10am - 11am
3-day event
Healthcare Insurance Re-Imagined
(detail on pg. 3)
- April 23rd -11am
Women's Day
Color: Yellow
(pair with cream or gold)
- June 24th -11am
Let's Talk About It
(Cultivating Mentorship in the Church)
- August 26th -10am
Cancer CAN'T but God CAN (PoWER Walk)
- October 6th
(Friday) to 7th
(Saturday)
10pm - 6am
Mental & Spiritual Recharge (Overnight Shut-In)

Spotlight

WORD ON THE CURB:
GET TO KNOW THE LADIES OF EMMANUEL

SHEILA BANKHEAD GRISHAM

My Name is Sheila Bankhead Grisham ,and I am a Civil Litigation Attorney. I have been a member at Emmanuel since a child. I serve the jurisdiction and national church's Business and Professional Women Federation. I also serve as Co-Chair of Emmanuel's Business and Professional Women with Ashley Franklin. Ashley and I would love for you to join!

"Word on the Curb" is, the State Business and Professional Women has an upcoming event celebrating Black History Month titled "Blacks N Business " on Saturday February 25th from 9 am -11am Via Zoom. So, please see me for more info about the event.



BRITTANY HOLT

My name is Brittany Holt, and I serve in the choir, assist in leading the teen ministry, and the dance ministry. Outside of church, I like to consider myself a young "momprenuer." I have 2 sons and I am the owner of Eazy Bake Bee Custom Cookies.

"Word on the Curb" is, I create delicious, decorated cookies for any and every event. So, head on over to EazyBakeBee.com or @EazyBakeBee on social media and book me for your next event!

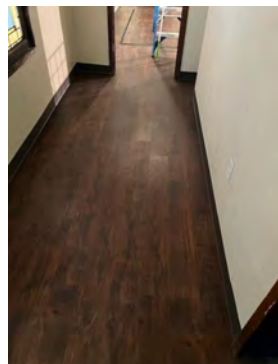


P O R H C L X E F I N I A A R
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 T T A H N S S H D P Q D I O T
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BIBLE ESTHER
 EMMANUEL HEAVEN
 FAITH JESUS
 HOLY SPIRIT PRAISE
 MINING THIRTY THIRD
 RISE DISCIPLE
 WOMEN EVANGELIZE
 BUSINESS HOLY
 KINGDOM TITHE
 PRAY

WHAT THE WOMEN HAVE BEEN UP TO...

In July 2022 Emmanuel's Business & Professional Women hosted its first walkathon affectionately known as PoWER Walk. The theme of the walk was Health & Wholeness of Mind, Body & Spirit. The PoWER Walk was a wonderful time of fellowship and the perfect time to kickstart or recommit to physical and mental wellness. The PoWER Walk was the biggest fund raiser for the Women's Department in 2022 and the proceeds from the walk funded the flooring project in the baptismal area. We did it ladies! We are better together!



SNEAK PEEK INTO FIRST 2023 EVENT

The Emmanuel Women's Department and Mother's Board are partnering with Welcome Health to host a free three-day seminar, titled "Healthcare Insurance Re-Imagined", that provides information on senior healthcare insurance options. It also gives attendees direct access to knowledgeable geriatric medical professionals and administrators who are prepared to answer specific questions. Women of all ages, men, young adults who are caring for seniors, retirees and those nearing retirement are welcome and encouraged to attend.