#### Newsletter

EMMANUEL CHURCH OF GOD IN CHRIST WOMEN'S DEPARTMENT



#### THE RISE 'N' TIMES

#### SNEAK PEEK INTO OUR NEXT EVENT

"Let's Talk About It" is finally here! On August 26th, 2023 the Women's Department is hosting the young adult ladies and youth teens and girls for a Chat & Chew. What is a Chat and Chew? You guessed it...it's an informal discussion with food!

During this first Chat & Chew, the Women's Department will engage our young people to identify ways the church can bridge the generational gap and cultivate healthy mentorship (through the eyes of potential mentees).

Important update regarding this year's Powerwalk....

The Cancer Can't But God CAN Powerwalk is postponed. We are disappointed too! Due to limited park availability, the only open date available to us conflicts with our State Women's Convention. Therefore, the Women's Department decided to yield its efforts this year in support of our Jurisdictional Supervisor, Mother Barbara Bryant, and the Unlimited Possibilities convention.

We know you were looking forward to this wonderful time of fellowship but don't worry, we are planning now for next year. We now have double the time to present double the fun! Get ready, get ready, get ready...

## DID YOU KNOW?

Fun facts about Miriam

- Miriam was the sister of Moses and Aaron; and was instrumental in saving Moses' life.
- Miriam delivered messages of hope and deliverance to the captives and encouraged them when they got weary of waiting.
- Miriam was the first female prophetess in the history of Christianity (Exodus 15:20).
- Miriam played the tambourine and led all the women in Israel into acknowledging the unlimited power of the God of Israel. She undoubtedly was a force to reckon with.

#### <u>Upcoming 2023 Events</u>

March 4 & 18
10am - 11am
2-day event
Healthcare Insurance
Re-Imagined
(We did it!)

April 23rd -11am
Women's Day
Color: Yellow
(pair with gold, nude
or cream)
(We did it!)

August 26th -11am

Let's Talk About It

Chat & Chew

(Cultivating Mentorship
in the Church)

October 6th (Friday) to 7th (Saturday)

10pm - 6am Mental & Spiritual Recharge (Overnight Shut-In)

# Spotlight



#### VACHELL LARS

My name is Vachell Lars, and I am an Experienced Underwriter at a nonprofit health insurance company. I've been a member of Emmanuel since November 21, 2021, and serve as VP of the Evangelist Missionaries. I am also a new contributor to the Rise 'N' Times newsletter (see the Did You Know section).

My desire and passion lie with single mothers and women who feel unworthy of God's love. The foundation of my life and ministry is found in Psalm 37:25, "I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread."

"Word on the Curb" is, I Am Blessed to Be a Blessing; and I believe in random acts of kindness!!



#### ROBIN FORT

My name is Robin Fort and I am a Mentor Teacher Specialist at THG West School.

I have been a member of Emmanuel since October 2021. I serve as the leader of the Sunshine Connection, a member of the special events team, and Vice President of the Deaconess Board. I am also a new contributor to the Rise 'N' Times newsletter (see the Fun Mental Break section).

"Word on the curb" is, I love to read and write poetry. I'm a Lakers fan, I play tennis, and I am a newlywed (and loving every minute of marriage). Some of my fondest moments are spending time with my husband and step son.



### BIBLE SCAVENGER HUNT

Use your Bible to fill in all of these blanks.

The last book of the Bible	<del></del>
The book after Daniel	
The first book of the New Testament	
The first word in the Bible	
The last word in the Bible	- lio
The first book named for a woman	- COUND
The 20th book of the Bible	
The 2nd book named for a woman	
The book before Jonah	
The last book of the Old Testament	
The book of the Bible with the shortest title	
The 2nd book of the Old Testament	

#### **ANSWER KEY**

#### WHAT THE WOMEN HAVE BEEN UP TO...

Sunday, April 23, 2023 was Women's Day! The women had an amazing time! The colors for the day were yellow, gold, nude and cream. It was a delightful sight to see – imagine the soft, countless shades of summer and spring beautifully flowing together.

Our International General Supervisor, Mother Barbara McCoo Lewis, came back home to Emmanuel and shared an amazing word with the women. The theme for Women's Day was "Dig Deep" (I Corinthians 2:9-10). We were also blessed by three singing groups of multigenerations of women who are all members of Emmanuel (i.e., Deeper Praise, Third Generation and The Angelic Voices). If you missed it, you must go to the video archives to check it out.

Our First Lady's, Natoya, vision for the day (and everyday) was to foster an all-inclusive sisterhood, where we embrace, respect and love all of our sisters-in-Christ regardless of their age. She proudly exclaimed that we (Emmanuel) do not throw away our seniors and we don't push our young people in a corner. Instead, we appreciate and support everything that makes us unique and special. The entire Women's Day service purposely celebrated and highlighted the multi-generations of sisters at Emmanuel.

As wonderful as the day was, it would not have been complete without pausing to acknowledge Mother Virvel Hill who celebrated her 105th birthday on Women's Day. She is a jewel, and she belongs to Emmanuel COGIC.

Be sure to check out pictures on the church website of Women's Day courtesy of Emmanuel teens (Kennedy Pitts and Emerald Woods) who were in charge of memorializing this special day through photography.

Expoxa	☐ The 2nd book of the Old Testament
dol	The book of the Bible with the shortest title
Malachi	The last book of the Old Testament
deibedO	☐ The book before Jonah
Esther	☐ The 2nd book named for a woman
Proverbs	☐ The 20th book of the Bible
цъпу	nemow 6 tot bomen Aood Jern art 🔲
Amen	The last word in the Bible
ul	əldi8 ərlt ni brow trnf ərlT
Matthew	The first book of the New Testament
нэгон	☐ The book after Daniel
Revelation	The last book of the Bible

Use your Bible to fill in all of these blanks.

**BIBLE SCAVENCER HUNT**